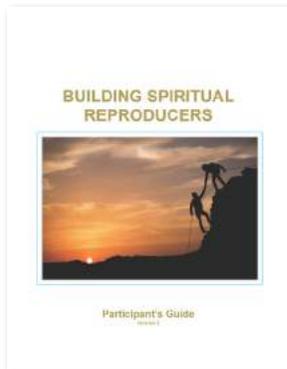




# CBMC DISCIPLESHIP TOOLS

CBMC Inc. has discipleship tools to help support staff and volunteer cities with evangelism and discipleship. The list below will outline tools available in book form and/or digital versions. This list includes information on tools, time commitment for training, application of the tools, maturity level of those using the tools and next steps. For more information on how to implement these tools contact Field Support at [fieldsupport@cbmc.com](mailto:fieldsupport@cbmc.com).

## Building Spiritual Reproducers (BSR)



This is a live training program to address the why, what, how and who to disciple in response to the Matthew 28 Great Commission to go and make disciples.



**Time Commitment:** Half Day Training; Followed by contacting individuals by phone to coach them on next steps.



**Maturity Level:** This training is for all Christian believers at any maturity level.



**Next Steps:** Invitation to Operation Timothy discipleship series.

## Connect3 Training/ Team Formation



The foundational building block of the CBMC ministry is Connect3. Training is available for self-study or live training to all leaders to help with the formation of a weekly team to connect men with God, with each other and the mission of evangelism and discipleship.



**Time Commitment:** Half day live training or self-study over a period of three weeks, one to two hours per week including live mentorship

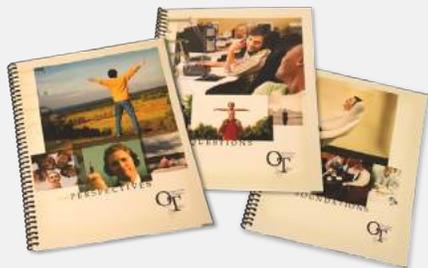


**Maturity Level:** Leadership level training for mature Christians.



**Next Steps:** After the training and mentoring is complete, starting a new Connect3 team in the local area.

## Operation Timothy



This is a field- proven discipleship series that is designed to grow a disciple to Christian maturity who can then disciple others.

This three-book series is available in hard copy or on-line.



**Time Commitment:** The full series takes approximately two years to complete. Book 1 for the seeker takes approximately six weeks.

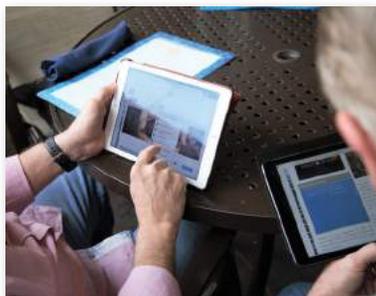


**Maturity Level:** From seeker to mature Christian, this series allows a disciple to enter at any level in their Faith walk.



**Next Steps:** Book 1, "Questions" leads a seeker into a relationship with Jesus and then they can continue with books 2 and 3. When completed with the series, they are then trained to work with another Timothy for spiritual reproduction.

## Marketplace Ambassador Initiative Training (MAI)



This is a comprehensive 10-week look at the Biblical attributes of a Christian in the marketplace. If I am accused of being a Christian in business, is there enough evidence to prove it?

Take a deep look at what the Bible says a Christian should look like to those in our sphere of influence.



**Time Commitment:** 10 Weeks, one hour per week.



**Maturity Level:** This study is for Christians who wish to go deeper in their faith. Excellent tool for non-CBMC men to learn more about CBMC.



**Next Steps:** Once completed with this 10-week series, a man may choose to take the Connect3 Training or be part of a Peer Advisory Group.

## Leadership Coach Training



This training is an in-depth course in how to be a coach in another man's life to help the coachee reach their personal, professional and discipleship goals in life. This is for a man who wants to be an effective listener and practice how to ask powerful questions.



**Time Commitment:** Classroom training is a full day; typically a Saturday event. There are 8 weeks of follow-up practice and observing coach training sessions.



**Maturity Level:** This study is for Christians and seekers to grow in their exposure to Christian principles on effective coaching skills.



**Next Steps:** This class is a requirement for those being trained as trainers for Peer Advisory/Forums. It is recommended for those who are leaders taking men through Operation Timothy or leading a Connect3 group.

## Peer Advisory Groups/Forums



This offering is based on the formation of an advisory forum for business owners and leaders. Business and personal topics are handled on a confidential basis to help their peers achieve their Christ-honoring goals in life.



**Time Commitment:** Typically held monthly for a half day session. The facilitator makes follow-up phone calls to review goals for the participants.



**Maturity Level:** Peer advisory groups are for Christian business owners and C-level executives.



**Next Steps:** CBMC is a discipleship ministry. Each Peer Advisory member would be encouraged to be involved in Connect3 and/or Operation Timothy in order to disciple men.

## Living Proof Adventure



Lifestyle evangelism is at the center of the mission of CBMC. God calls us to proclaim the Good News. Living Proof Adventure is interactive small group training on how to be "Living Proof" to our co-workers, neighbors and family.



**Time Commitment:** Living Proof Adventure is 13 weeks, one-hour sessions. Typically this study is offered during the weekly Connect3 training.

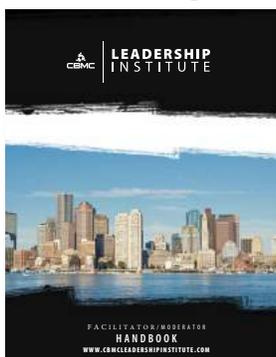


**Maturity Level:** This training is for Christians at any maturity level.



**Next Steps:** Remain in Connect3 groups to help keep accountable to other men for praying and connecting with men on the "Top Ten" prayer card list.

## Leadership Institute Training



This training is an in-depth course in how to be a coach in another man's life to help the coachee reach their personal, professional and discipleship goals in life. This is for a man who wants to be an effective listener and practice how to ask powerful questions.



**Time Commitment:** Classroom training is a full day; typically a Saturday event. There are 8 weeks of follow-up practice and observing coach training sessions.



**Maturity Level:** This study is for Christians and seekers to grow in their exposure to Christian principles on effective coaching skills.



**Next Steps:** This class is a requirement for those being trained as trainers for Peer Advisory/Forums. It is recommended for those who are leaders taking men through Operation Timothy or leading a Connect3 group.